



*We Make it Possible.*

## Direct Care Services

Direct care includes everything from total care to walking the dog, and generally falls into 4 broad categories:

- Personal Care
- Home Management
- Nutrition/Meal
- Companionship/Activities

Each individual's care plan is customized to fit your needs and personal living situation. One of our nursing care coordinators will be happy to discuss a detailed plan for you. Below is a list of services that our field staff can help you with.

### Personal Care

- Shower
- Tub Bath
- Bed Bath
- Shampoo
- Oral Hygiene
- Shave
- Skin Care
- Lotion/Massage
- Dressing
- Catheter
- Record Output
- Change Attends
- Turn & Position
- Exercise/ROM

### Home Management

- Dust
- Vacuum
- Laundry
- Empty Trash
- Mop Floor
- Clean Tub/Shower
- Clean Toilet/Sinks
- Clean Refrigerator
- Clean Stovetop
- Clean Countertops
- Clean Dishes
- Make Bed
- Change Linens

### Nutrition/Meal

- Diabetic Diets
- Special Diets
- Breakfast
- Lunch
- Dinner
- Meal Planning
- Medication Reminders
- Insulin Reminders
- Blood Sugar Checks

### Companionship

- Grocery Shopping
- Salon Appt.
- Doctor's Appt.
- Reading
- Friendship Activities



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## **Urgent Response Service**

*Because a crisis is not planned.*

We have the ability to respond rapidly, dependably, and with high quality staff in your time of most immediate need. This service is used to help families in an unstable situation which can range from end of life hospice care, to a sudden discharge from a hospital or facility.

### **Urgent Response Benefits:**

- Immediate Assessment
- Staffed within one hour

For more information and referrals contact:

**Michelle Steffy**

**(814) 866-2919**

**Michelle@ComfortCareResources.com**



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## **Nursing Support**

A responsive and caring nurse is an essential member of any home care team. Home care can not work without a nurse supporting and coordinating your care plan.

We believe that this is such a critical element of making home care a success that we include Basic Nursing Support at no charge to all our clients. For those who request additional oversight we offer both Intermediate and Advanced Nursing Support for additional fees.

### **Basic Nursing Support**

- Scheduled Nursing Visit – every 60 to 90 days
- Additional Nursing Visit – As needed in event of emergency or unexpected health change.

### **Intermediate Nursing Support**

- Scheduled Nursing Visit – every 30 days
- Additional Nursing Visit – As needed in event of emergency or unexpected health change.

### **Advanced Nursing Support**

- Scheduled Nursing Visit – every 14 days
- Additional Nursing Visit – As needed in event of emergency or unexpected health change.



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## MedCare

The growing number of pharmaceutical drugs that many of our Elders receive often requires consistent professional monitoring to prevent errors. As a result, many families have found the burden of medication management difficult and stressful.

MedCare allows the family to 'unload' that burden of being the nurse or pharmacist to our professional staff and network.

With our MedCare service a licensed professional will visit your home weekly to refill medications, review any dosages that were missed, and coordinate with other health care providers involved in your care. While there our nurse will often check vital signs for any irregularity.

Many families find MedCare to be a valuable addition to Direct Care, or as an independent service.

*This service is included at no cost when you choose 24 hour direct care services with Comfort Care.*

- Prescription Coordination
  - Medication Monitoring
  - Medication Box Fills
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